



# Setauket Fire Department and Stony Brook Medicine



## CPR-AED Lifesaver Program

5 minutes	Demonstration of Hands-Only with AED	Opening Demo
	<b>Resources: Stage Demo</b>	
5 minutes	Myths about CPR and AED use	David Sterne
10 Minutes	Benefits of CPR and AED Use	Ed Stapleton
	<b>Resources: Video of Fibrillating Heart, PowerPoint</b>	
3 minutes	Demonstration of Hands-Only CPR	Video
	<b>Resources: Video: Hands-Only CPR Demo</b>	
12 minutes	Practice in Pairs: Practice While you Watching Hands-Only CPR	Video
	<b>Resources: Video Hands-Only Practice While Watching</b>	
20 minutes	Demonstration and Practice with AED	Group Practice
	<b>Resources: Teachers Practice in Groups of 10</b>	
	<b>Taking Turns with Hands-Only and Use of AED</b>	

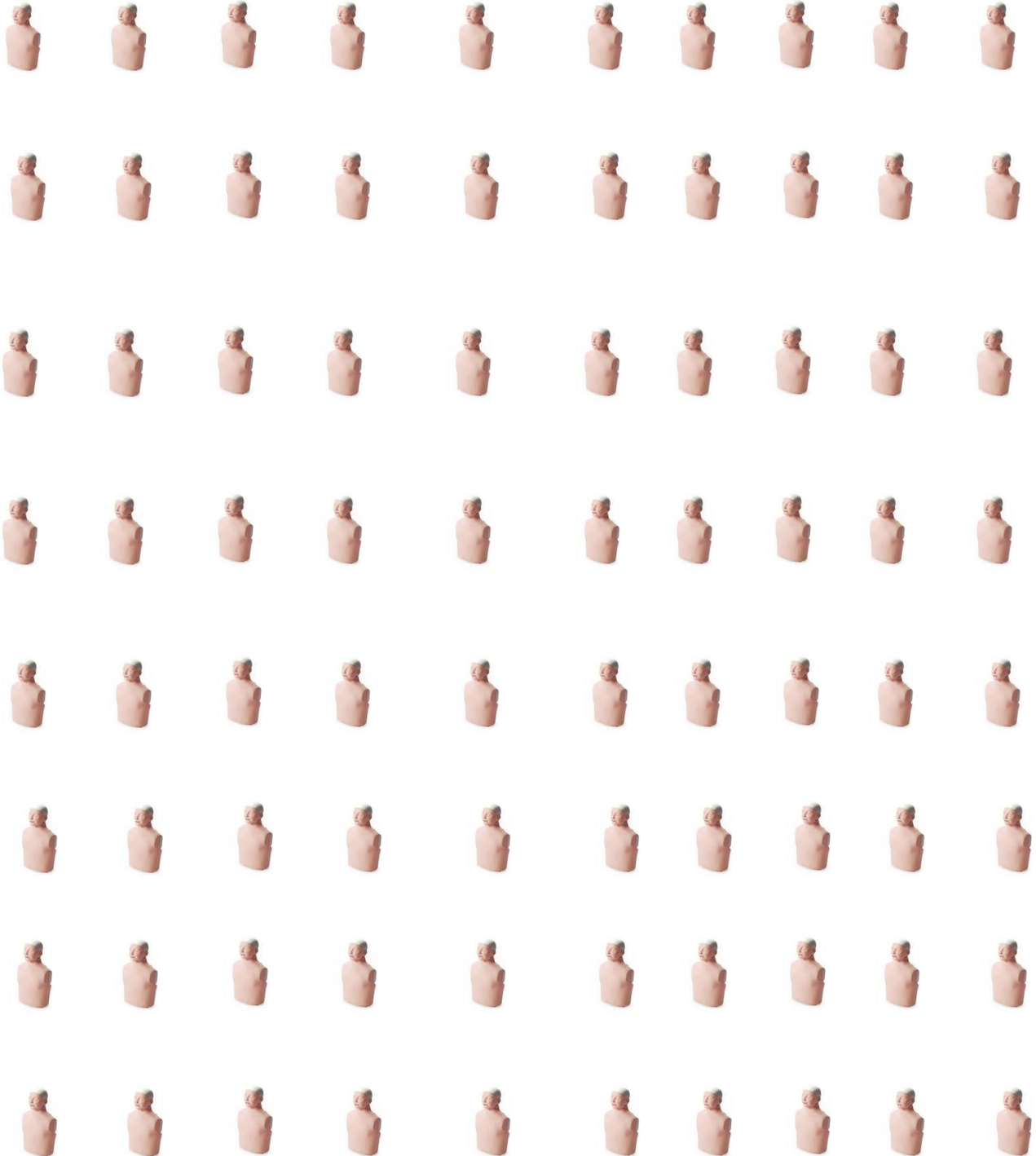
Summary

### Equipment and Personnel

- 15 EMS provider Instructor-Facilitators (maybe less - not certified)
- 75 CPR manikins (10 from Stony Brook)
- Mats for CPR
- 15 AED trainers (10 from Stony Brook)
- Data projector and large screen
- Text and video link mailed in advance of class.

**Gym Layout for Hands Only- Two people per manikin**

## Stage and Video Screen



## Gym Layout for Hands Only and AED Practice- 10 People per Group

Group of 10 Persons

A diagram showing a central mannequin figure with ten blue-outlined text labels 'Group of 10 Persons' arranged in a semi-circle above it.

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